

# Manual Therapy Interventions for the Physical Therapist Assistant –Lumbopelvic & Lower Quarter

Presented by: Ben Swink PT, DPT, OCS, FAAOMPT & Shane O'Malley PT, DPT, COMPT, OCS

Manual therapy is an integral part of a physical therapist assistant's scope of work. This course is the second in our PTA series and will provide a fundamental foundation on manual therapy in addition to the current guidelines and recommendations for the PTA. Course content will explore different osteokinematic mobilizations both passive and active, proprioceptive neuromuscular facilitation techniques, assisted neurodynamic, and soft tissue techniques as they relate to the lumbopelvic region and the lower quarter. This lab course will be designed to maximize hands-on practice with short lectures and group discussion.

During the lab, participants will have expert supervision and guidance from multiple Fellows of the American Academy of Orthopaedic Manual Physical Therapists and active clinicians.

## Cost

APTA CO Members- \$200

Non-Members- \$250

Students - \$75



Colorado Physical Therapy Political Action Committee

All proceeds from this event will go to the Colorado PT-PAC to help influence legislative issues affecting PTs in Colorado.

**Saturday March 16, 2018**

**8:00am – 5:00 pm**

Open to all PTAs and PTA students

*Regis University*

*Peter Claver Hall- 409*

**8 hours of Category I Professional Development Activity**

## Course Objectives:

- Understand the mechanisms of manual therapy for the treatment of musculoskeletal dysfunction
- Understand current allowances of manual interventions for the PTA under CO statute
- Develop hands on skills for:
  - Osteokinematic mobilizations, active and passive
  - Proprioceptive Neuromuscular Facilitation techniques
  - Assisted Neurodynamic mobilization
  - Soft tissue mobilization
- Advance your practice as the primary assistant in the delivery of physical therapist services

Register: <http://www.coloradophysicaltherapists.org/events>

Contact: [chris@integralphysicaltherapy.org](mailto:chris@integralphysicaltherapy.org)