

Get a Leg Up!

Manual Therapy in the Lower Extremity

Presented by: Derek Vraa, PT, DPT, OCS, CSCS, CMTPT, FAAOMPT

Saturday, May 12th, 2018
8:00 am- 5:30 pm

Regis University, Peter Claver Hall- 409
Open to all PTs, 2nd/ 3rd year PT students

**8 hours of Category I Professional
Development Activity**

Cost

APTA CO Members- \$200

Non-Members- \$250

Students- \$75



Want to get ahead with your manual therapy skills? Want to improve your clinical reasoning when treating patients with lower extremity injuries? If so, this is the course for you! This lower extremity course is designed to improve both clinical decision making and hands-on technical skills. Attendees will participate in a dynamic discussion of the literature related to manual therapy of the lower extremity. Additionally, a heavy emphasis will be placed on a variety of manual techniques to manage dysfunction of the hip, knee and ankle regions along with complimentary exercise selections. Techniques will include thrust, and non-thrust (Maitland, Mulligan and Muscle Energy Techniques).

This course will have an excellent instructor/participant ratio and will be led by Senior Faculty, Directors and Fellows of the United States Air Force Tactical Sports & OMPT Fellowship.

Register: <http://www.coloradophysicaltherapists.org/events>

Contact: chris@integralphysicaltherapy.org

**All proceeds from this event will go to the
Colorado PT-PAC to help influence legislative
issues affecting PTs in Colorado.**

